

YOUTH SOCCER COACHES EDUCATION SUMMIT

Saturday, July 20, 2019

Open to ALL Teams

Free AED Check, Batteries, Pads, etc.

\$10 First Aid Kit for Attendees

To register, visit: **sluhn.org** and click on Event Calendar "VIEW ALL"



Coaches Safety Requirements for Soccer

This education series is presented by St. Luke's Sports Medicine and is designed to provide coaches with the information to properly design and implement basic safety guidelines for youth athletes.

Moravian College

Priscilla Payne Hurd Academic Complex, Room #102 1130 Monocacy Street, Bethlehem, PA 18018

Schedule

8:30 – 9 am
9 – 9:10 am
9:10 – 11:30 am

- Check-In Introduction / Welcome Safety Presentations • Sports Performance • Risk of Injury • Injury Prevention • Common Injuries in Soccer • Basic Injury Management
 - Head Iniuries
 - Environmental Factors
 - Nutrition & Hydration
 - Sudden Cardiac Arrest
 - Emergency Action Plans

11:30 am – 1:30 pm CPR/AED Course (Optional) Certification cost: \$25 per person